



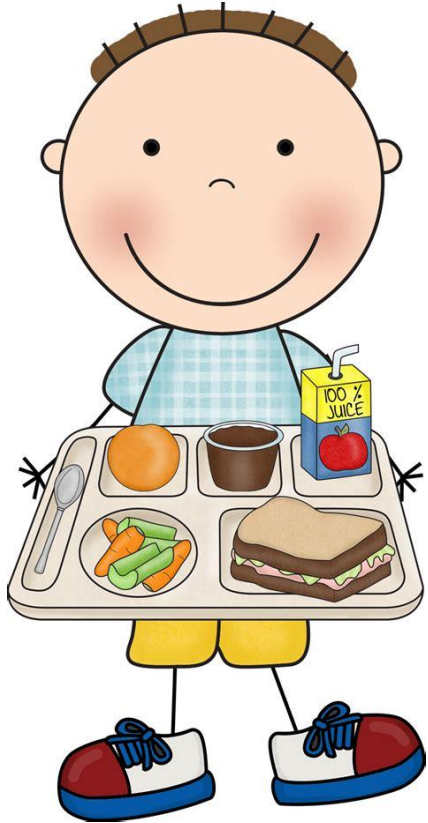
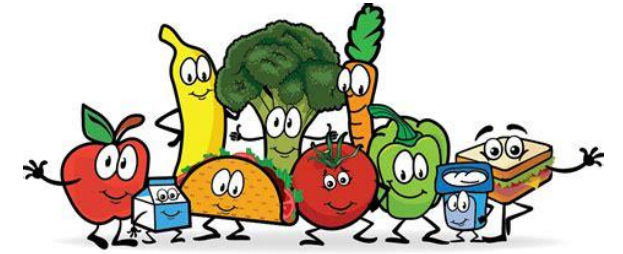
School Meals at Harlow Green

2025-2026

Growing happy, healthy and successful, together.



Harlow Green's Three-Week Menu



Week 1 Dates:

- 01/09/25
- 22/09/25
- 13/10/25
- 10/11/25
- 01/12/25
- 05/01/26
- 26/01/26
- 16/02/26
- 16/03/26
- 20/04/26
- 11/05/26
- 08/06/26
- 29/06/26

Week 2 Dates:

- 08/09/25
- 29/09/25
- 20/10/25
- 17/11/25
- 08/12/25
- 12/01/26
- 02/02/26
- 02/03/26
- 23/03/26
- 27/04/26
- 18/05/26
- 15/06/26
- 06/07/26

Week 3 Dates:

- 15/09/25
- 06/10/25
- 03/11/25
- 24/11/25
- 15/12/25
- 19/01/26
- 09/02/26
- 09/03/26
- 30/03/26
- 04/05/26
- 01/06/26
- 22/06/26
- 13/07/26

As an alternative to the main hot meal ...



A jacket potato with either cheese, beans or tuna filling.



The salad bar is accessible for all school meals.



A selection of sandwiches and wraps with either ham, cheese or tuna fillings.

Week 1

Monday

*Tomato & basil pasta
with
broccoli or vegetable
sticks &
garlic dough balls*



Week 1

Tuesday

*Gammon & Yorkshire
pudding
with roast & mashed potato,
green beans, carrots & gravy*

*Alternative:
Quorn fillet & Yorkshire pudding
with roast & mashed potato,
green beans, carrots & gravy*



Week 1

Wednesday

*Chicken curry with rice,
naan bread
& pea & sweetcorn
medley*

*Alternative:
Sweet potato & vegetable curry with
rice, naan bread and pea & sweetcorn
medley*



Week 1

Thursday

*Mince & dumplings with
mashed potato, vegetable
trio & gravy*

*Alternative:
Veggie mince & dumplings with
mashed
potato, vegetable trio & gravy*



Week 1

Friday

*Fish portion, chips,
peas & curry sauce*

*Alternative:
Vegetable & cheese pattie, chips, peas
& curry sauce*



Week 2

Monday

*All day breakfast –
omelette, veggie sausage
pattie, baked beans & mini
waffles*



Week 2

Tuesday

Chicken fillet & Yorkshire pudding with baby boiled potatoes, cabbage, carrots & gravy

*Alternative:
Quorn fillet & Yorkshire pudding with
baby boiled potatoes, cabbage,
carrots & gravy*



Week 2

Wednesday

Pasta bolognaise with salad or vegetable sticks & French bread

Alternative:

Tomato pasta with cheese topping, salad or vegetable sticks & French bread



Week 2

Thursday

Chicken bites with special fried rice, sweet & sour sauce, sweetcorn & pea medley

Alternative:

Veggie bites with special fried rice, sweet & sour sauce, sweetcorn & pea medley



Week 2

Friday

*Butchers beef or pork burger
in a homemade roll with
skinny fries & mini corn on
the cob*

Alternative:

*Veggie burger in a homemade roll with
skinny fries & mini corn on the cob*



Week 3

Monday

*Mini margarita pizza with
diced potatoes & baked
beans or vegetable sticks*



Week 3

Tuesday

Sausages with Yorkshire pudding, mashed potato, mixed vegetables & gravy

*Alternative:
Veggie sausages with Yorkshire pudding, mashed potato, mixed vegetables & gravy*



Week 3

Wednesday

*Chicken wrap with
sunshine rice & salad or
vegetable sticks*

*Alternative:
Veggie wrap with sunshine rice &
salad or vegetable sticks*



Week 3

Thursday

Mince pie with mashed potato, broccoli & carrot mix & gravy

*Alternative:
Cheese & sweet potato parcel with
mashed potato, broccoli & carrot
mix & gravy*



Week 3

Friday

Fish fingers with chips, peas & ketchup



*Alternative:
Veggie fingers with chips, peas & ketchup*

