

School menu



Gateshead Council

Harlow Green Community Primary

HOW TO CONTACT US:

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WEEK 1

MEAT FREE MONDAY

monday

tuesday

wednesday

thursday

friday

FISH FRIDAY

01/09/25
22/09/25
13/10/25
10/11/25
01/12/25
05/01/26
26/01/26
16/02/26
16/03/26
20/04/26
11/05/26
08/06/26
29/06/26

1ST CHOICE	Tomato & basil pasta with broccoli or vegetable sticks & garlic dough balls	Gammon & Yorkshire pudding with roast & mashed potato, green beans, carrots & gravy	Chicken curry with rice, naan bread & pea & sweetcorn medley	Mince & dumplings with mashed potato, vegetable trio & gravy	Fish portion, chips, peas & curry sauce
2ND CHOICE		Quorn fillet & Yorkshire pudding with roast & mashed potato, green beans, carrots & gravy	Sweet potato & vegetable curry with rice, naan bread & pea & sweetcorn medley	Veggie mince & dumplings with mashed potato, vegetable trio & gravy	Vegetable & cheese pattie, chips, peas & curry sauce
JACKET POTATO	Baked beans, cheese or tuna with mixed salad	Baked beans, cheese or tuna with mixed salad	Baked beans, cheese or tuna with mixed salad	Baked beans, cheese or tuna with mixed salad	Baked beans, cheese or tuna with mixed salad
DELI OPTION	Selection of sandwiches	Selection of sandwiches	Selection of sandwiches	Selection of sandwiches	Selection of sandwiches
DESSERT	Schools' choice cake & custard	Schools' choice cookie	Crispy cake with orange wedges	Ice cream with peaches & strawberry sauce	Apple crumble muffin

WEEK 2

MEAT FREE MONDAY

monday

tuesday

wednesday

thursday

friday

08/09/25
29/09/25
20/10/25
17/11/25
08/12/25
12/01/26
02/02/26
02/03/26
23/03/26
27/04/26
18/05/26
15/06/26
06/07/26

1ST CHOICE	All day breakfast – omelette, veggie sausage pattie, baked beans & mini waffles	Chicken fillet & Yorkshire pudding with baby boiled potatoes, cabbage, carrots & gravy	Pasta bolognaise with salad or vegetable sticks & French bread	Chicken bites with special fried rice, sweet & sour sauce, sweetcorn & pea medley	Butchers beef or pork burger in a homemade roll with skinny fries & mini corn on the cob
2ND CHOICE		Quorn fillet & Yorkshire pudding with baby boiled potatoes, cabbage, carrots & gravy	Tomato pasta with cheese topping, salad or vegetable sticks & French bread	Veggie bites with special fried rice, sweet & sour sauce, sweetcorn & pea medley	Veggie burger in a homemade roll with skinny fries & mini corn on the cob
JACKET POTATO	Baked beans, cheese or tuna with mixed salad	Baked beans, cheese or tuna with mixed salad	Baked beans, cheese or tuna with mixed salad	Baked beans, cheese or tuna with mixed salad	Baked beans, cheese or tuna with mixed salad
DELI OPTION	Selection of sandwiches	Selection of sandwiches	Selection of sandwiches	Selection of sandwiches	Selection of sandwiches
DESSERT	Schools' choice steamed sponge & custard	Schools' choice cookie	Jelly & fruit	Mango or strawberry smoothie & fruit cocktail	Fruity flapjack & apple slices

WEEK 3

MEAT FREE MONDAY

monday

tuesday

wednesday

thursday

friday

FISH FRIDAY

1ST CHOICE	Mini margarita pizza with diced potatoes & baked beans or vegetable sticks	Sausages with Yorkshire pudding, mashed potato, mixed vegetables & gravy	Chicken wrap with sunshine rice & salad or vegetable sticks	Mince pie with mashed potato, broccoli & carrot mix & gravy	Fish fingers with chips, peas & ketchup
2ND CHOICE		Veggie sausages with Yorkshire pudding, mashed potato, mixed vegetables & gravy	Veggie wrap with sunshine rice & salad or vegetable sticks	Cheese & sweet potato parcel with mashed potato, broccoli & carrot mix & gravy	Veggie fingers with chips, peas & ketchup
JACKET POTATO	Baked beans, cheese or tuna with mixed salad	Baked beans, cheese or tuna with mixed salad	Baked beans, cheese or tuna with mixed salad	Baked beans, cheese or tuna with mixed salad	Baked beans, cheese or tuna with mixed salad
DELI OPTION	Selection of sandwiches	Selection of sandwiches	Selection of sandwiches	Selection of sandwiches	Selection of sandwiches
DESSERT	Schools' choice cake & custard	Schools' choice cookie	Pancakes with bananas & toffee sauce	Ice cream roll & fruit	Chocolate brownie

15/09/25
06/10/25
03/11/25
24/11/25
15/12/25
19/01/26
09/02/26
09/03/26
30/03/26
04/05/26
01/06/26
22/06/26
13/07/26