

Harlow Green Community Primary School



Long Term Plan

Subject: PHSE

Living in The Wider World

Health and Well-being

Relationships

Year Group	Autumn	Spring	Summer
1	<p>Termly Theme: How to Find a Dinosaur Subject Content: Autumn 1 – Rules and expectations/ internet safety, friendship/working together Autumn 2 – manners/feelings/opinions</p>	<p>Termly Theme: Where I Live Subject Content: Spring 1 – germs/ healthy eating/ physical activity Spring 2 – Behaviour/bullying/personal safety/emotional safety</p>	<p>Termly Theme: Where We Live Subject Content: Summer 1 – Family/ kindness/ Sharing Summer 2 – Sun safety/road safety/ Money</p>
2	<p>Termly Theme: Emergency! Subject Content: Autumn 1 – Friendship / Belonging/communities/ internet safety Autumn 2 – Right and Wrong / Aspirations/ Co-operation/consequences</p>	<p>Termly Theme: Fantastic Fruit Subject Content: Spring 1 – Keeping clean/ dental hygiene/Drug safety Spring 2 – Human Body / Physical activity/radicalisation valuing differences</p>	<p>Termly Theme: Exploration and Discovery Subject Content: Summer 1 – behaviour /teasing and bullying/local citizenship/radicalisation Summer 2 – feelings love, loss, sadness / Money / radicalisation valuing differences</p>
3	<p>Termly Theme: Water of Life Subject Content: Autumn 1 – Rules/online privacy/ actions and consequences Autumn 2 – Friendship/emotions including loss</p>	<p>Termly Theme: Stronger Together Subject Content: Spring 1 – physical, emotional and mental health/self -awareness/setting goals/healthy sleep patterns Spring 2 – communication/communities</p>	<p>Termly Theme: A Sense of Place Subject Content: Summer 1 – growing up/beginnings of puberty/losing teeth/emergency calls Summer 2 – Keeping Fit/lifestyle choices/working together/improving the environment</p>

4	<p>Termly Theme: There's no Place Like Home Subject Content: Autumn 1 – digital world/screen time/online privacy/age restrictions/gender stereotypes in the workplace Autumn 2 – bullying/frustration/self esteem/resilience/recognising negative persistence</p>	<p>Termly Theme: Climbing High Subject Content: Spring 1 – nutrition and food Spring 2 – communication/loss and separation/family changes</p>	<p>Termly Theme: Olympians Subject Content: Summer 1 – aspiration/self respect/identifying strengths and weaknesses Summer 2 – similarities and differences/families and faiths/economic awareness</p>
5	<p>Termly Theme: The River of Life Subject Content: Autumn 1 – law and order/UN rights and equal rights/risks of online relationships/medicines/alcohol and tobacco risks Autumn 2 – Conflict at home/ death and grief/diverse communities/resilience, courage and peer pressure/extremism and terrorism</p>	<p>Termly Theme: Life in the Rainforest Subject Content: Spring 1 – Healthy lifestyles/puberty/risks of tobacco and substance abuse/recognising stereotypes/LGBT+ and other minority groups Spring 2 – physical, emotional and mental health/ confidentiality/listening to others/radicalisation, being easily influenced</p>	<p>Termly Theme: Inspiration & Aspiration Subject Content: Summer 1 – food groups and balanced diet/appropriate and inappropriate touching Summer 2 – Community / teamwork/shared goals/basic first aid</p>
6	<p>Termly Theme: Peacekeepers Subject Content: Autumn 1 – Aspirations, identifying strengths and weaknesses, past achievements, goal setting/the internet and fake news Autumn 2 – racial discrimination/gender stereotypes/ celebrating cultures/recognising illness/ allergies/immunisation/ marriage</p>	<p>Termly Theme: How Precious Life Is Subject Content: Spring 1 – mental health and well-being/bullying/relationships/risks of drug taking and addiction Spring 2 – budgeting/ the world of work/ enterprise/ charity work</p>	<p>Termly Theme: Leaving a Legacy Subject Content: Summer 1 – key facts about drugs/ adolescent relationships/ puberty and sex education/ Summer 2 – healthy and unhealthy relationships/ gender and understanding transgender</p>