



# Personal, Social, Health, Economic and Citizenship Education Policy

## Rationale

The purpose of our Personal, Social, Health, Economic and Citizenship Education (PSHEE/C) policy and scheme of work is to reinforce the ethos and general aims of our school.

PSHEE/C works alongside all other curriculum areas so that all children receive a broad and balanced curriculum which prepares them for everyday adult life.

- To provide opportunities for all children to learn and achieve.
- To promote children's spiritual, moral, social and cultural development and prepare them for the opportunities and experiences of life.

These interdependent aims of the school curriculum could not be fully achieved without an effective PSHEE/C programme. At Harlow Green Community Primary School our PSHEE/C scheme is supported through our use of the SEAL material. Our PSHEE/C lessons also co-inside with the Every Child Matters outcomes.

## Aims

To equip children with skills, knowledge and understanding to:

- build healthy relationships
- develop positive attitudes towards a healthy lifestyle
- develop tolerance and sensitivity for others
- acquire a degree of social and moral responsibility
- develop their feelings of well-being and self-esteem
- develop vital inter-personal, social and communication skills
- better manage their transition to new roles and situations
- be aware of education, training and career opportunities
- make appropriate choice.

PSHEE/C helps children to lead confident, healthy and responsible lives also taking into account the society in which they live; a society that is multicultural and multi-faith

Harlow Green Community Primary School, Harlow Green Lane, Low Fell, Gateshead, NE9 7TB

Tel: 0191 4876703

Head teacher: Mrs A Stephenson



Children take part in various charity events throughout the school year in order to raise their awareness and understanding of organisations such as Fair Trade and Unicef.

### **Guidelines:**

#### **Developing confidence and responsibility and making the most of their abilities**

Children are taught:

- to reflect on and assess their strengths and weaknesses
- to respect the differences between people as they develop their own sense of identity
- to recognise how others see them and be able to give and receive constructive feedback and praise
- to recognise the stages of emotions associated with loss and change caused by death, divorce, separation and new family members, and how to deal positively with the strength of their feelings in different situations
- to plan realistic targets
- what influences how we spend or save money and how to become competent at managing personal money.

#### **Developing a healthy, safer lifestyle**

Children are taught:

- to recognise the physical and emotional changes that take place at puberty and how to manage these changes in a positive way
- how to keep healthy and what influences health, including the media that good relationships and an appropriate balance between work, leisure and exercise can promote physical and mental health basic facts and laws, including school rules, about alcohol and tobacco, illegal substances and the risks of misusing prescribed drugs
- in the context of the importance of relationships, about human reproduction
- to recognise and manage risk and make safer choices about healthy lifestyles, different environments and travel
- to recognise when pressure from others threatens their personal safety and well-being and to develop effective ways of resisting pressures, including knowing when and where to get help RRS
- basic emergency aid procedures and where to get help and support.



## **Developing good relationships and respecting the differences between people**

Children are taught:

- about the effects of all types of stereotyping, prejudice, bullying, racism and discrimination and how to challenge them assertively
- how to empathise with people different from themselves
- about the nature of friendship and how to make and keep friends
- to recognize some of the cultural norms in society, including the range of lifestyles and relationships
- the changing nature of, and pressure on, relationships with friends and family and when and how to seek help
- about the role and importance of marriage in family relationships
- about the role and feelings of parents and carers and the value of family life
- to recognize that goodwill is essential to positive and constructive relationships
- to negotiate within relationships, recognizing that actions have consequences, and when and how to make compromises
- to resist pressure to do wrong, to recognize when others need help and how to support them
- to communicate confidently with their peers and adults

## **Developing confidence and responsibility and making the most of their abilities**

Children are taught:

- to be aware of and assess their personal qualities, skills, achievements and potential, so that they can set personal goals
- to have a sense of their own identity and present themselves confidently in a range of situations
- to be aware of how others see them, manage praise and criticism and success and failure in a positive way and learn from the experience
- to recognise influences, pressures and sources of help and respond to them appropriately



## **Citizenship Education**

- To give children the knowledge, understanding and skills to play an effective role in society.
- To help children become informed, thoughtful and responsible citizens who are aware of their duties and rights.
- To promote children's spiritual, moral social and cultural development.
- To increase children's self-confidence and encourage the taking of personal responsibility both in and beyond the classroom.
- To encourage children to play a positive part in the life of their school, neighbourhood, community and the wider world.
- To encourage respect for different national, religious and ethnic identities.
- To encourage children to reflect on issues and participate in discussions.

Citizenship Education is based upon the understanding of these concepts and includes the general teaching requirement on Inclusion, so securing Citizenship Education as an entitlement for all pupils whatever their individual needs, abilities and backgrounds. Our main objective in this respect is:

- To build upon the school's already well developed ethos and values, encouraging children to become more independent and responsible for aspects of their own education including the belief in lifelong learning, to participate in decision-making and practise taking responsible action.

### **Knowledge, skills and understanding about becoming informed citizens**

Children should be taught about:

- The legal and human rights and responsibilities underpinning society.
- The diversity of national, regional, religious and ethnic identities in the United Kingdom and the need for mutual respect and understanding.
- The importance of resolving conflict fairly.

### **Developing skills of enquiry and communication**

Children should be taught to:

- Think about topical problems and events.
- Justify orally and in writing a personal opinion about such issues, problems or events.
- Contribute to group and exploratory class discussions, and take part in debates.



## **Developing skills of participation and responsible action**

Children should be taught to:

- use their imagination to consider other people's experiences and be able to think about, express and explain views that are not their own.
- negotiate, decide and take part responsibly in both school and community based activities.
- reflect on the process of participating.

## **Conclusion**

It is hoped that by PSHEE/C being an integral part of all of our work we will effectively support our children to become well informed responsible members of society.

Reviewed September 2015

Mrs A Stephenson